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# Fresh From The Farm: A Year Of Recipes And Stories



## Synopsis

More than a cookbook...it's also the story of how a farm came to be. Written by the "Queen of Fresh" Susie Middleton, *Fresh from the Farm* goes beyond traditional "fresh" cookbooks by sharing the engaging tale of one woman's quest for a simpler life. In between the recipes, Susie shares the story of how she left the corporate world, started a farm on Martha's Vineyard, and created a satisfying new life on this rural island. 121 seasonal recipes featuring homegrown produce. *Fresh from the Farm* is divided into three growing seasons: late spring and early summer, high summer, and what the author refers to as a bonus season, Indian summer and early fall. Here's just a taste... Swiss Chard and Caramelized Onion Quesadillas with Pepper Jack Cheese Spicy Thai Shrimp and Baby Bok Choy Stir-Fry Curry Coconut Butternut Squash Soup Mac 'N Cheese with Kale, Goat Cheese, and Sun Dried Tomatoes Summer Veggie-Palooza Paella Little Pear Crostatas with Hazelnut Crisp Topping and one hundred and nineteen more - all just as tempting and delicious! Perfect for vegetarians and carnivores alike. *Fresh from the Farm* is for anyone looking for exciting new ways to prepare vegetable-centric dishes that range from starters to mains to desserts. While the emphasis is on recipes, this book is also a great read. As one reviewer observes: "...the stories that Middleton shares make the book feel like an old family cookbook that has been passed down from your great grandmother with stories of her farm, and why she made each recipe. Middleton embraces the family farm angle."

## Book Information

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## Customer Reviews

"...a beautiful cookbook, featuring 125 recipes along with reflections on what it's like to live a simpler, humbler life and the satisfaction to be had running a farmstand, selling vegetables and eggs directly to the people who will eat them." ~The Oregonian (The Oregonian)"The Martha's Vineyard resident and farmstand owner combines her trademark, deeply flavored recipes with anecdotes of farm life. The book makes a fine companion for those long winter nights spent browsing through seed catalogs." (Boston Globe)"Fresh From the Farm: A Year of Recipes and Stories," which includes stories and photos of farm life and 121 recipes....You might call it a complete recipe book for the good life." ~Zester Daily (Zester Daily)"Witty, engaging prose draws the reader in and 125 simple recipes entice you to get cooking by exploring Middleton's homegrown suggestions." ~Publisher's Weekly (Publisher's Weekly)Ever want to quit your job, move to the country and start a farm stand? Susie Middleton, former editor of Fine Cooking magazine, did. Fresh from the Farm is partly the chronicle of an eat-local startup and partly a farm cookbook, liberally strewn with sunlit snapshots of chickens and garden beds in full production. And because Middleton is a flavor fanatic as well as a cook and farmer, her recipes are memorable even if you don't get to cook with still-warm eggs, or just-picked tomatoes blushing from the vine. â • recommended by T. Susan Chang, food writer (NPR)

Recently named onÂ NPR's Book Concierge list of Best Books for 2014 (NPR)

I really enjoyed reading this cookbook. I actually read the entire year of her escapades and experiences before reading the recipes. Very nicely put together. The photography is beautiful. I like the way the recipes are in the different growing seasons. Very nice!

I am so glad I ordered this book! The recipes all sound so fresh and sound simple to make. I love the photography and the stories throughout the book. I have already recommended this book to several friends who are gardeners and cooks!

Practical, useable recipes. I have bookmarked several pages

Great recipes to make use of the vegetables from your garden or the local farmers market. Beautiful photos and clear instructions.

Great recipes!

I'd recommend this book to those who have or are thinking of growing and selling off the farm. The recipes are delicious especially the rhubarb strawberry crumble!

Great book! I love reading the stories and recipes. Photography is excellent!

love everything about this book. The story telling is lovely and the pictures are wonderful. Recipes are easy to follow and full of all the flavors from the garden.

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